

**John Mandracchia-Sawmill Intermediate School
Commack, New York**

Michelle Tancredi-Zott
Principal

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Assistant Principal

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January 9, 2019

Dear Fifth Grade Parents/Guardians of Students in: Mrs. Blouin, Ms. Hayes, Mrs. Keen & Ms. Tappin's classes:

Our fifth grade environmental trip will be held at Camp Mariah on Sharpe Reservation in Fishkill, New York on **Monday, May 6**. Buses will leave Mandracchia-Sawmill Intermediate School at approximately 7:00a.m. and return about 9:30p.m. There is no cost for the students to attend. Please find the permission slip attached. Permission slips must be returned by **Friday, February 15**. We will also need parent chaperones and the cost for parent chaperones to attend is \$23.00 (check to be made payable to Commack Union Free School District). If you are interested, please indicate below and you will be notified if you are selected to be a chaperone on this trip. Any parent who is a registered nurse and who would like to volunteer his/her services should indicate so on this form and contact either Mrs. Boker or Mrs. Roman.

Included in this packet is a letter from our school nurses, one Residential Health Information Form and a Request for Administration of Medication.

Medication Form

This is only to be filled out if you want your child to be given medicine between 7:00a.m. and 10:00p.m. on the day of the trip. ***If the school already has an order on file and the medications on hand, these medications will be brought on the trip and no additional paperwork relating to these medications is necessary.*** Any additional medication your child may need for that day, please drop it off at the school in a Ziploc bag labeled (using masking tape on the outside of the bag) with the child's name and classroom teacher's name. In the bag, please include the consent form signed by the parent/guardian and physician (this includes parents/guardians and physician's signature for over-the-counter medication.) If the consent form has already been returned to the school, the nurse will put it in the Ziploc bag. The form **must** be filled out, signed and stamped by your **health care provider**. Each item on the form must be filled in by the health care provider. If the form is not filled in completely, it cannot be accepted by the Health Office.

Medicines include prescription medicine and any over-the-counter medicines. This includes, but is not limited to, any brand of ibuprofen such as Motrin or Advil, any brand of acetaminophen such as Tylenol, cough or allergy medication, medicated cream and **insect repellent**.

Once the medication form is completed, an adult is to bring the form and the medication, as written on the form, to the Health Office at **Sawmill by Tuesday, April 30**. Should the medication be different from what the health care provider wrote on the form, it will not be accepted by the Health Office. Please bring medication to the Health Office between the hours of 8:30a.m. and 2:30p.m.

A nurse will administer all medicines. This includes insect repellent. Students are not allowed to carry medication – unless specifically instructed (aka self-administer) on the medication form from your health care provider. In the interest of student safety, if a child is found with medication it will be confiscated and your child will be taken to the nurse.

Sunscreen

We encourage you to apply all sunscreen and insect repellent at home on the morning of the trip. Students are allowed to carry and apply sunscreen. In order to do so, written parent/guardian permission must be submitted by **April 30, 2019** and kept on file.

Insect Repellent/Bug Spray

Students are **not permitted** to carry and apply insect repellent without an order from your health care provider (aka self-administer). As noted above, this must be clearly indicated on the **Administration of Medication Form** included in this packet. The form can only be filled out, signed and stamped by your **health care provider**. This form must be submitted by **April 30, 2019** and kept on file.

Thank you for your attention to these important details.

*****REMEMBER – forms are due to the Health Office by April 30, 2019*****

EXCEPTIONS

- Medications that must be refrigerated may be brought to school on **Friday, May 3** by 10:00a.m.
- New medications in original container with a new consent form signed by the doctor must be brought to school on **Friday, May 3**.

We thank you for your support of the Camp Mariah program which promises to be an exciting experience for your youngster.

Sincerely,

Michelle Tancredi-Zott
Principal

*MTZ/das
attachments
H: /CampMariah/parentlettertrip1*

JOHN MANDRACCHIA-SAWMILL INTERMEDIATE SCHOOL

Please return permission slip by Friday, February 15, 2019.

My child, _____, has my permission to attend Camp Mariah, Sharpe Reservation in Fishkill, New York, on Monday, May 6, 2019.

My child, _____, will not be attending the Camp Mariah trip on Monday, May 6, 2019.

Parent Signature Date

Classroom Teacher

I am interested in attending Camp Mariah, Sharpe Reservation in Fishkill, New York, as a parent volunteer on Monday, May 6, 2019.

(Check One) Yes _____ No _____

Relationship to student: _____
(i.e. mother/father/guardian)

Mr. /Mrs.

Parent Signature Date

I am a registered nurse and would like to volunteer for the fifth grade environmental trip on Monday, May 6, 2019 to Camp Mariah, Sharpe Reservation in Fishkill, New York.

(Check One) Yes _____ No _____

Parent Signature Date

LYME DISEASE FACT SHEET

What is Lyme Disease?

Lyme disease is an infection that can cause skin, arthritic, heart and nervous system problems.

What causes Lyme disease?

Lyme disease is caused by a bacterium spread by the bite of the deer tick. In the summer, this tick is the size of a poppy seed.

How can I avoid getting bitten?

Stay in the center of woodland paths. Wear light-colored long pants tucked into socks or boots, and long-sleeved shirts tucked into pants. Repellents containing DEET or permethrin may provide some protection against ticks. Read and follow all label directions carefully. NEVER let children apply repellents themselves.

Apply permethrin on clothing only. Check yourself and pets for ticks often while outside, and again at home.

What should I do if I find a tick attached to me?

Use tweezers, or cover your fingers with paper or a leaf, to grasp the tick as close to your skin as possible. Pull steadily and firmly until the tick lets go. Apply antiseptic. Save the tick in alcohol; your doctor may want to see it. Never twist, squeeze or use petroleum jelly, lighter fluid or a flame to remove ticks.

What are the early warning signs of Lyme infection?

Symptoms and severity vary with each patient. A common early symptom is a red, roundish rash at least two inches across that may get bigger. Flu-like symptoms, stiff neck and muscle and joint pain are other early symptoms.

Can Lyme disease be treated?

Lyme disease is treated with antibiotics. The earlier treatment begins, the easier it is to prevent the disease's long-term effects.