

Striking a Balance between Academics and Recreation

Commack's Movement in the Arts Program

According to the Child Development Institute, "The most important role that [movement, recreation, and play] can have is to help children to be active, make choices, and practice actions to mastery. They should have experience with a wide variety of content (art, music, language, science, math, social relations) because each is important for the development of a complex and integrated brain."

The Commack School District's Movement in the Arts (MITA) program is a resounding hit with our students and staff. The children look forward to the sessions and to the fun they have with the different physically challenging and thought provoking activities they experience in each class. Is it time to roll the giant dice or play a game with hula-hoops? Each session is unique and motivating.

Primary students (grades K-2) attend two 30 minute sessions each week, and our intermediate students (grades 3-5) have one 40-minute session per week in addition to their physical education classes.

Commack Superintendent of Schools, Dr. Donald James said, "When I first thought about adding additional time in the day for students to engage in more physical activity, it was important

to me that it be linked to the arts, that it be age appropriate and that it be fun for kids while they are learning to work together to learn something new; something outside the prescribed nature of the State-mandated curriculum. Just look at their faces and talk to them about Movement in the Arts and you will know, it's a rousing success so far."

- Movement in the Arts provides an additional 40-60 minutes of recreation per week.
- The program brings carefully designed movement activities/curriculum to the elementary school day.
- The MITA program is the brainchild of Superintendent Donald James, and the curriculum was designed and created by two certified physical education teachers, an elementary classroom teacher, and a music educator.
- Lessons and activities are conducted under the direction and supervision of a certified physical education teacher.
- Topics include activities that address spatial awareness, movement safety, rhythmic activities including dance, stretching, balance, and yoga.



Movement, recreation, and play that link sensory-motor, cognitive, and social-emotional experiences provide an ideal setting for brain development."
Montessori



Keep in Touch! Winter Weather Messages

Parents:

Parents are automatically enrolled in our messaging system. Messages are sent via home and cell phone, email, and text. You can control how we contact you via our SchoolMessenger App. Info is in the Parent Section of the Commack Website.

www.commackschool.org

Community & Parents:

Community members and parents alike can opt in for community alerts via Community Connect Email Notification. To sign up, just click the link under the Community News button on the home page of the Commack Website.

www.commackschool.org

Commack's Master Teachers #1 on Long Island

Congratulations to Commack High School science teacher, Kimberly King, Commack's latest New York State Master Teacher. Mrs. King is one of only 908 teachers accepted into the program, begun in 2013, currently made up of secondary school teachers and educators who have been found to be among the highest performing in the areas of science, technology, engineering, and math.

We are also happy to announce that Thomas Shea, a math teacher at the High School, was named a Master Teacher in the 2016-2017 school year. Mr. Shea engages students in all four of the STEM components through the use of VEX robotics in the technology classroom, independent research, and technical studies in advanced mathematics and science research survey courses.

The Commack School District holds the distinction of being home to 11 NYS Master Teachers and having the highest number of these "Empire State Leaders" in any Long Island school district. Mrs. King is the only chemistry teacher accepted into the program from Long Island this year.

She shared, "The application process was extremely rigorous – the first round consisted of transcripts, letters of recommendation, an essay about "Why you are passionate about teaching STEM," and the PRAXIS Chemistry exam. The second round consisted of the most challenging components, including a 10-minute presentation about STEM content you explore



Administrators congratulate Commack's newest Master Teachers. From left to right: Superintendent Dr. Donald James, Director of Science Alison Offerman-Celentano, Master Teachers Kimberly King and Thomas Shea, Director of Mathematics Barbara Gerson, High School Principal Leslie Boritz, and Director of Fine and Applied Arts, Paul R. Infante.

beyond the scope of the curriculum you teach," Mrs. King continued. "The presentation was rated by a panel of judges, who grilled me on the topic I chose after I presented it. Now that I am a member of the Master Teacher Program, I look forward to enriching my own content knowledge and continue to build connections across disciplines. This program fosters collaboration among STEM teachers across the state. As NYS begins to shift towards the new Science Learning Standards, the Master Teacher program will be an extremely powerful tool in helping teachers prepare for these major curriculum changes."

Selected teachers will receive a \$15,000 stipend annually over their four-year participation in the program. They will

also experience peer mentoring and professional development opportunities and attend regional meetings with their peers.

"Our Commack Master Teachers are a treasure trove of resources for our students and professional staff," stated Commack Superintendent Donald James. "They are leaders in their respective fields of study, and have valuable insight to offer their students and their peers. Their enthusiasm is contagious, and we are very fortunate to have them with us."

Commack's Master Teachers to date include: Amy Cappiello, Jeanette Collette, Kristin Holmes, Justin King, Stephanie O'Brien, Christina Pawlowski, Derek Pope, Thomas Shea, Jeanne Suttie, and Bobby Varughese.

Pajama Day a Huge Success!



The weather outside is chilly, but the warm hearts at Sawmill spread some snuggly happiness to children in need. The Mandracchia-Sawmill Student Council held a "Pajama Jammie Jam" to provide new pajamas and books to children across the United States.

Sadly, many youngsters do not know the comforts of being tucked in at night with warm pajamas and a bedtime story. Donations of new pajamas, a new book, or money entitled the bearer to

wear their own pajamas to school that day. As always, the Sawmill community came through, collecting 102 pairs of pajamas, 140 books, and \$175! For every \$10 collected, the Pajama Program can provide one child with pajamas and a book to read!

Sawmill would like to thank everyone who participated for their generous contributions and great show of spirit! If you'd like more information on the Pajama Program, please visit www.pajamaprogram.org.

Superintendent's Message

Happy New Year and my best wishes to you and your family for good health and happiness. Our blessings are many, and we are very fortunate to live in such a thriving community that values education and helping one another.

After a very successful start of the school year, the focus turns to the budgeting process. We carefully consider each and every line item in the budget, mindful of the restrictions placed on us by the State's tax-cap. Our goal is to provide every child in our district with the tools he or she needs to be successful, and to ensure a vigorous academic program geared to our students' needs and wants. We are planning new and creative ways to encourage learning, and expanding on our higher level classes at the high school, available to all students. Our new K-5 Movement in the Arts program (see page 1) is a hit with the elementary crowd, and also a way to blend physical activity with learning.

An in-depth study of homework practices was undertaken by our teachers and administrators over the past four months. Based on parent and teacher focus group input, surveys, discussion, and extensive research on this topic, new guidelines for each grade level K-5 were implemented. The report is available on our [website](#) and I urge you to read it.

As always, I welcome your suggestions and invite you to attend our upcoming Board of Education and Budget meetings. Please be sure your contact information is up-to-date so we can continue to communicate District news to all of our residents and parents.

Sincerely,
Donald James, Ed.D.
Superintendent, Commack School District



KINDERGARTEN REGISTRATION FOR THE 2018 - 2019 SCHOOL YEAR

Children who will be five years old on or before 12/01/2018 are eligible for admission to Kindergarten for the 2018-2019 school year. Kindergarten registration for these children will take place in January, 2018.

Information concerning registration has been mailed. If your child is eligible for Kindergarten and you did not receive a registration packet, please call Linda Caccamo in the Registration Office at 912-2028.

WHAT'S HAPPENING!

BOARD OF EDUCATION MEETINGS

Thursday, January 11, 2018
Hubbs Administration Center at 8:00 p.m.*

Thursday, February 8, 2018
Hubbs Administration Center at 8:00 p.m.*

*The Board will convene at 6:30 p.m. and is expected to adjourn into Executive Session. Public meetings will commence at times stated above.

ART WALK/MUSIC CONCERT

February 12, 2018
Commack Middle School at 6:00 p.m.

WINTER RECESS-SCHOOL CLOSED

February 19-23, 2018

Click the Community Events link on the
Commack Website for more events
www.commackschools.org

Follow us on Twitter
@CommackSchools

Follow us on Instagram
Dr. James - commack_supt
Commack Schools - commackSD

UPCOMING BOARD OF EDUCATION BUDGET MEETINGS

will be held at the
Hubbs Administration Building 8pm

Budget Workshop 1 March 8
Budget Workshop 2 March 15
Informal Budget Hearing March 22
Budget Adoption April 12
Budget Hearing May 3

Joining Together to Support our Global Neighbors



Commack High School Spanish Honor Society Members fold mums and flags.



Commack Middle School washed cars and a fire truck to raise funds.



Assistant Principal Donna Forbes and students with the water collected at Burr.

When our neighbors need help, the Commack School District reaches out with generosity and spirit. With so many people in need after the deadly storms across the United States and beyond, multiple efforts continue by our students, staff, and the Commack community.

Commack High School's History Honor Society sold flags and pins to raise funds for the American Red Cross, and the Spanish Honor Society and Middle School Student Government recently joined hands with the World Languages

department to host a cross-district fundraiser in support of residents of Puerto Rico, who suffered devastating losses from Hurricane Maria. The groups sold seasonal mums and flags and raised \$1,200 that was donated to globalgiving.org.

Commack Middle School students held a car wash with all funds raised donated to globalgiving.org. Advisor Debra Lindquist quipped, "It was a great event, and the kids were thrilled to take on the task of washing a local fire truck."

Thousands of water bottles were collected during the "H2O for Puerto Rico" at Burr Intermediate School and Sawmill Intermediate School's "Island to Island" relief drives. Island Harvest and United Airlines arranged for distribution to our neighbors in Puerto Rico.

These donations continue to help meet peoples' immediate needs for food, fuel, clean water, hygiene products, and shelter. Reaching out to others is what this caring community is all about!

Blending Art and Technology

The second grade students at North Ridge Primary School were asked to design a cover for the school yearbook. During their classes in the computer lab with Mrs. Sullivan, the students used an interactive paint program called "Tux Paint" to create their works of art.

The yearbook committee voted and chose twelve students' art work to be displayed in the yearbook. The winner of the front cover is Brenna and the back cover winner is Ashley. The other students' art work will be displayed throughout the yearbook. The winning students all received spirit sticks from Principal Mrs. Rihm for their hard work.

In photo, Mrs. Sullivan with Brenna and Ashley and their winning designs for the yearbook covers.



Solving a Mystery in History



Tenth grade research student Ethan worked at the Cold Spring Harbor Whaling Museum archives. He is trying to uncover the story behind a Whaling Ship, The Richmond, that grounded in 1849. This event led to a Supreme Court case related to salvaging ships. He is working with Elizabeth Marriott, the museum's Collections and Exhibits Coordinator. Ethan is doing the

research as part of a project for The New York State Archives, part of the Office of Cultural Education of the New York State Education Department.

Sawmill Students Attend PEAK Music Festival

The annual SCMEA PEAK (Parent, Educators and Kids) Music Festival is a celebration of elementary classroom music. Several fourth grade music students from Sawmill, along with their parents and music teacher Nena Thompson, participated in the PEAK

Festival at Northport High School in October.

The children spent the day participating in interactive and exciting music workshops with their parents in a unique musical experience that included drumming, chorus, and folk dance.





Gifted Musicians Play for Pleasure at the County and State Levels



Eight Commack High School instrumental and vocal musicians were selected to participate in the 2017 New York State School Music Association (NYSSMA) All-State Winter Conference. The selection of these talented students followed competitive auditions involving thousands of music students from throughout New York State. During a lengthy selection process that takes place during the summer, chairpeople from across

the state gathered to select the finest musicians to perform in various All-State ensembles. The concerts will take place in the Eastman Theater located in Rochester, New York. "Students selected to perform in an All-State ensemble is quite an honor" stated Mr. Paul R. Infante, Director of Fine and Applied Arts. "Each of these musicians possesses exceptional talent and we are proud to have them represent Commack."

All-State Students 2017

Jordan	Alto I	Mixed Chorus
Andrew	Double Bass	String Orchestra
Daniel	Bass I	Mixed Chorus
Angela	Viola	String Orchestra
Benjamin	Trumpet	Symphonic Band
Pragati	Alto I	Treble Chorus
Isac	Violin	Symphony Orchestra
Lydia	Soprano II	Treble Chorus

Students that participate in Commack's music program are continually recognized for their exceptional talents in band, chorus, and orchestra.

This year, the New York State Council of Administrators' of Music Education – Suffolk County Chapter (N.Y.S.C.A.M.E./Suffolk) and the Suffolk County Music Educators' Association (S.C.M.E.A.) selected thirty student musicians from the High School to participate in the annual High School All-County Festival. Selection to perform in the All-County Band, Orchestra, Mixed Chorus, and the Women's Chorus is held after a rigorous judging evaluation process by competitive auditions based on the New York State School Music Association (N.Y.S.S.M.A) standards adjudicated by music educators.

"Performing in this yearly event is one of the highest honors a student can achieve on the county level. We are extremely proud to have these young talented musicians represent the music department in this, and other well-known music festivals," said Paul R. Infante, Director of Fine and Applied Arts.

NYSCAME/SCMEA All-County Festival

Band

Kristen
Alyssa
Alyssa
Benjamin
Emma
Julianna

Mixed Chorus

Adam
Tyler
Daniel
Samantha
Catherine
Evan
Juliana

Women's Choir

Jordyn
Victoria
Allia
Angela
Delina
Rachel
Alexa
Lydia

Orchestra

Andrew
Christopher
Daniel
Pragati
Isac
Benjamin

Teaming Up to Make the Holidays Bright for our Local Heroes



A few of the members of Team 6-4 with two of the complete Thanksgiving dinner boxes for the Marines stationed on Long Island during the holidays.



Staff Sgt. Wyllie and PFC Reid spoke about their service in the Armed Forces and answered the students' many questions during the assembly at the Middle School.



The many boxes of food were picked up and delivered by the Marine Corp. League, Sunrise Division. Also in photo, teacher Jeffrey Trebour, CTA President John Murray, retired Marine and SCPD Deputy Inspector Bill Read, and Community Relations Consultant, Debbie Virga.

Team 6-4 students at Commack Middle School participated in an interdisciplinary approach to giving this Thanksgiving; collecting non-perishable food items for approximately 109 active Marines stationed on Long Island that were unable to spend Thanksgiving with their families.

This team-building project kicked off with three active and one retired Marine visiting the team for a question and answer session. Students learned about Marines stationed locally, nationally, and around the globe. Following the assembly, team 6-4 teachers provided class activities centered on giving thanks, using real

life learning opportunities. In a math group activity, students learned to shop smart and budget, utilizing Best Market circulars to purchase food for a typical size family. In ELA, students shared traditional family recipes, and wrote why the recipes were meaningful to their families. Best Market provided each student with \$5 coupons, giving them a jump on shopping for those recipes, as well as other non-perishable items for Thanksgiving dinners. Finally, science classes collected and sorted items into food categories like pasta, soups, and desserts. Each box of food delivered to the Marines included a copy of the students'

own recipe books.

As one student stated, "Since the Marines can't go home for Thanksgiving, we'll bring Thanksgiving to them."

Team 6-4 would like to thank all military service people, especially the Marines, for all they do to protect our country. They would also like to send a big shout out to Best Market for the \$5 coupons that helped get their Thanksgiving shopping off to a great start, and to Mrs. Lipenholtz and Mrs. Virga for bringing to light the active Marines on Long Island that often go unnoticed. Team 6-4 wishes everyone a warm, happy, holiday season.

Kids Helping Kids

Due to the devastation done by Hurricane Irma, students at Sugarloaf School in Key West, Florida, lost many essential items, including school supplies.

The Indian Hollow community of students, parents, and staff opened their generous hearts and donated numerous supplies including backpacks, crayons, markers, gluesticks, notebooks, and folders. The supplies were sent to the Sugarloaf School students. Once again, the students at Indian Hollow demonstrated how helping others can make a wonderful impact.



New Playground Dedicated at Burr Intermediate School



The children at Burr Intermediate School are very excited about the new equipment in their playground, made possible through the combined efforts of the Commack School District, the Commack Soccer League, the Shana Kay Memorial Foundation, and Burr's Student Council. Additional thanks to the Burr School Based Management Team, Mr. Schmelter, and Mrs. Ryback for their efforts in plan-

ning the playground design with student input.

A dedication ceremony was held in November, attended by students, staff, and administration. The playground was dedicated in memory of Shana Kay, a former Burr student and Commack graduate, and in honor of Betty Hand, a secretary at Burr with a long history of dedicated service to the Commack School District and

the various PTAs in this District.

The students are delighted with the obstacle course design and layout. You can always find a group of students challenging themselves to complete the course. The new design complements the original playground and looks terrific! "We are grateful for the true community effort that brought an idea to a wonderful reality!" said Donna Forbes, Assistant Principal.

Burr Students Create Personalized Bookmarks for Stony Brook Peers



There's nothing like snuggling up with a good book! Students in Mrs. Ammirato and Mrs. D'Allesandro's classes at Burr Intermediate School made needlepoint bookmarks to accompany each book they were sending to Stony Brook Children's Services for the holidays.

The students also decorated special notes

that they included in each package.

These 'gifts of giving' were donated to Stony Brook Children's Services for distribution to children who are in the hospital, timing their project for the holiday season. These third grade students have learned it's never too early to begin doing service for the benefit of others.



Emerging Leaders Win Big in Business Competition



Commack business and art students performed very well in the Huntington Chamber of Commerce Emerging Leaders Business Competition at St. Joseph's College in Patchogue. Most of the events require the students to prepare a "Shark Tank" type pitch addressing a particular business scenario. Topics included (but were not limited to) Human Resources, Graphic Design, Sports Marketing, and Hospitality Management, as well as three job interview categories.

These events are all judged by local business professionals, many of whom

owned the business that the students prepared their projects about. Three hundred students from 15 Long Island schools competed, with 36 from Commack.

One business owner was so impressed with the creative idea one student came up with that he asked permission to incorporate it into his business. Two other students were offered internship opportunities.

The winners and their families are invited to attend a dinner reception in their honor in January that is graciously hosted by the Huntington Chamber of Commerce.

Award Winners

1st Place

Human Resources
Melissa & Abinaya

Sports Marketing
Ross

Retail Marketing
Alexis

Entertainment Marketing
Emily & Katie

Graphic Design
Olivia & Sydney

Public Relations
Angelo & Dennis

2nd Place

Travel and Tourism
Tyler & Meredith

Job Interview - 9th & 10th Grades
Jenna

Job Interview - 11th & 12th Grades
Samantha

Fitness Challenge at Wood Park

The Wood Park Primary School Fitness Challenge blends physical prowess with technology through activities that are both fun and individually challenging for the children. The year-long program motivates students to be more physically active both in and out of school.

The program includes a run/walk series of events (monthly) for students during PE class. Nine run/walk challenges take place during the school year, with a winning class per grade every month. The winning classes receive a much-coveted shoelace lanyard and a token to hang on it that reflects the theme of the challenge (i.e. pumpkin token/charm for October, a turkey for November, and a snowman for December). In June, every student will get a lanyard and trophy charm.

Additionally, with the support of the Smithtown Youth Bureau, students run "laps" during PE classes that are tallied through the use of a QR code scanner on an iPad. After each lap around the gym, they stop at the iPad station and scan their class QR code to add their lap to the total miles run. Those totals are added to the chart outside the gym to track each class's progress. Ingenious, and the boys and



girls love it!

In photo is Mrs. Stahlmann's first grade class with Physical Education teacher Cathy Pugh, Principal Michelle Collison, teacher assistant Anna Conforti, and Smithtown Youth Bureau's Gina Shaloub.

honoring our veterans



The History Honor Society and the Social Studies Department at Commack High School teamed up for GI Jean\$ for Troop\$ Day and raised over \$600. The \$\$ were donated to GIGO.org to make a difference and recognize the sacrifice of our servicemen and women, both past and present.



The children at Mandracchia Sawmill Intermediate School wrote letters and cards of appreciation for our local veterans thanking them for their bravery and service to our country. In photo, Mrs. Considine's students with the decorated mailbox containing the notes for the veterans.

cms: from the heart

In the days leading up to Veterans Day, students in Laura Cosentino's social studies class sold heart-shaped patriotic stress balls and raised \$1,000 to send two veterans to the Strongpoint Theinert Ranch in New Mexico.

The purpose of the ranch is to provide a place where "Veterans, their families, and Gold Star families [can] help each other work through challenges and return home strengthened physically and mentally." It is run by Gold Star mom Chrystyna Kestler, the "forever proud mom" of 1LT Joseph J. Theinert, who was killed in action in 2010 in Kandahar, Afghanistan and other members of the Theinert Kestler family. Ms. Kestler was present for the fundraiser at Commack Middle School, cheering on the children who were buying and selling the stress balls, and answering their many questions. To express her gratitude and appreciation, Ms. Kestler returned



to the middle school the following week and gave each student in Mrs. Cosentino's, Ms. Schouten's, and Ms. Martin's social studies class a certificate and a patriotic t-shirt.

Ms. Cosentino said, "The purpose of this event was to teach the children about Veteran's Day, to promote citizenship, understand the

costs of freedom, and to teach the children how they can give back to the community. They also gained insight into advertising, sales, and banking through this worthwhile project."

Most rewarding was the news that the veterans selected to go the ranch will be two of our own Commack graduates.

Giving Thanks & Helping Others

There are so many thoughtful and giving hearts in our Commack community. Mountains of food, clothing, coats, pajamas, books, and homemade gifts were collected in each Commack school for distribution locally, nation-

ally, and even internationally. Like a chain reaction, simple acts of kindness reverberate. Thanks to everyone who has made the holidays or a trying time in someone's life a little brighter by caring about others.



Rolling Hills children decorated and filled "Happy Thanksgiving Meal" bags with dinner and good wishes to donate to Long Island Cares.



Wood Park Primary School held a food drive to feed the hungry through Long Island Cares.



Mrs. Keen's class at Sawmill collected food for Thanksgiving meals to be delivered to a local shelter.



Ms. Goldman's class at Sawmill with some of the food they collected for the holidays.



Mrs. Oliveto's class at North Ridge made "I Am Thankful" placemats.



Sawmill's Student Council collected water for Puerto Rico in their "Island to Island" drive.



Commack High School Art Honor Society painted holiday decorations on the windows of a local supermarket.

Investigating Sustainable Solutions to Waste Management

Ninth grade science research students got a tour of the Covanta energy facility on Townline Road in East Northport for research on a project they are working on relating to producing energy from waste. With the help of Covanta Facilities Manager Kenneth Hinsch, they are gathering information to help them imagine and conceptualize inventing a future energy and waste reduction technology.

We are all familiar with recycling, a necessary task that reduces waste in our landfills. Our students are taking it a step further to help preserve our natural resources and reduce waste.



Students meet to discuss their project with Kenneth Hinsch, Covanta Facility Manager.

Science teacher/mentor Richard Kurtz, along with students Rohan, Evan, Cole, and Liam tour the plant with Ken Armellino, Covanta Director of Environmental Science and Community Affairs.



Italian Honor Society Meets Poet Laureate



Commack High School's Italian Honor Society marched in Huntington's annual Columbus Day Parade this year, waving their Italica Onoraria banner, and celebrating their commitment to the study of Italian culture and language as the sole high school representative group.

As a result of the group's celebratory march, they were invited to participate in a special book launch highlighting Italian American Poets of Long Island by poet Laureate Robert Savino, author of *No Distance Between Us*.

Each student was paired with a poet, who read his/her poem in English, and in exchange our students translated

for the audience in Italian. "Our very own Commack scholars shared poetry with authors and poets and family, over Italian pastries and espresso. All were impressed and shared in the joy of the Italian language and culture," shared Mrs. Zitarosa, their Italian teacher.

Honor Society President Angelina and Italian teacher Carmelina Zitarosa were honored to meet author and poet-laureate Robert Savino.



Think Positive!



Seventh grade students Julie, Ava, and Olivia from Girl Scout Troop 1706 gave new life to a courtyard garden bed and the front entrance at the Commack Middle School through landscaping, and adding inspirational benches with quotes and stepping stones.

The benches and stepping stones are part of the school wide anti-bullying initiative promoting positive thoughts and actions. The girls chose this project themselves and earned their Silver Award from Girl Scouts of Suffolk County for their community service and initiative to help fellow students. "Planting the seed of positive thinking and seeing how it grows at the Commack Middle School."

Varsity Football Team Shares

Attitude, Effort, Focus



Commack's Varsity Football Team had the pleasure of working with students in the Athletes for All program at the High School. Football coach and guidance counselor, Jeffrey DiLorenzo, and assistant coach, Steve Troisi, who is also an aide in one of the small classes, felt that it would be a good idea to expose both groups of students to each other in a way that only a group activity could provide.

Before one of their daily football practices, "We were pleased to be able to provide all of the students, their teachers, and the supporting staff an official 2017 Commack Football T-shirt with our 2017 motto on the back, *Attitude, Effort, Focus*," said Coach DiLorenzo. "For close to two hours on our field, we designed a practice that introduced the students to what we do

on a daily basis. The students went through passing drills, ball carrying drills, passing routes, and ran through our agility stations. The practice was run by our players, who took great pride in working with these fine young men and woman."

The Football Team insisted on taking a photo with their new teammates and everyone signed a football that is currently displayed in the trophy case at the high school.

"Our goal as a team was to make the students feel part of the Commack community and a part of our football program," remarked Coach DiLorenzo.

"Our goal as coaches was to teach our players about paying it forward. We learned as much from them as I hope they learned from us. A great day all around."

Physical Fitness Award Honors



Logan and Stephanie, seniors at Commack High School, each received the NYS Association for Health, Physical Education, Recreation and Dance physical fitness award. Congratulations to these fine scholar athletes for their leadership and focus on fitness.

NOTICE OF NONDISCRIMINATION

The Commack Union Free School District does not discriminate on the basis of an individual's actual or perceived race, color, religion, creed, ethnicity, national origin, citizenship status, age, marital status, partnership status, disability, predisposing genetic characteristics, sexual orientation, gender (sex), military status, veteran status, domestic violence victim status or political affiliation, and additionally does not discriminate against students on the basis of weight, gender identity, gender expression, and religious practices or any other basis prohibited by New York State and/or federal non-discrimination laws in employment or its programs and activities. The District provides equal access to community and youth organizations. For more info: www.commackschools.org/NoticeofNondiscrimination.aspx.



Commack Courier
www.commackschools.org

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