

## COMMACK HIGH SCHOOL

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*An International Baccalaureate School*

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Dear Juniors and Families,

Week 5 of our College Workshops focuses on: **The College Essay** (aka Personal Statement).

If you are a junior who is already thinking about the college essay, then spend some time listening to and watching the links below.

If you are a junior who is not yet ready to begin the college essay, that is quite alright! Flag this email and come back to it when you are ready.

The college essay is an important piece of the application. The essay is an opportunity to share something that colleges will not learn about in any other area of the application. Students have this spring, as well as the entire summer to brainstorm, write, edit and perfect.

The Common Application Essay Prompts are available now – [click here](#) to see them.

Consider watching/listening to the following two resources:

### **Behind the Scenes – The College Essay**

This *audio only* link was pre-recorded to talk to students from the perspective of an admissions officer, to give students insight into what should be included in their college essay. [Click here](#) to listen to the recording.

### **Video from the College Essay Guy**

This short video shares tips for students as they brainstorm their college essay. Watch until the end, as there are valuable exercises to assist students in developing a topic. [Click here](#) to watch video.

Stay tuned – next week we will focus on the Common Application.

Stay healthy Commack!

Nicole Kregler  
Director of Counseling  
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