



**Commack School District
Cougar Athletic Camp
Current 3rd – 8th Graders (No Exceptions)
Must Be Commack UFSD Students**



Session I: July 1 – July 5 (no camp on July 4th)

Baseball - need glove
Girls Basketball - limited to 85
Cheerleading - limited to 50
Boys and Girls Fencing - limited to 65
Boys Soccer - need ball and shin guards
Girls Tennis - limited to 35, need racquet

Boys and Girls Bowling – at **Bowlero** (Commack)
10:00am – 12:00pm (no camp on July 4th)
Cost \$200

Session III: July 15 – 19

Girls Field Hockey - need shin guards, stick, mouth guard
Girls Gymnastics - limited to 40
Boys Lacrosse - need helmet, shoulder pads, elbow pads, gloves, and stick
Girls Soccer - need ball and shin guards
Boys Volleyball - limited to 85

Session II: July 8 – July 12

Boys Basketball - limited to 85
Boys and Girls Badminton - limited to 50, need racquet
Girls Flag Football
Football - no pads
Softball - need glove
Boys Tennis - limited to 35, need racquet
Girls Track

Session IV: July 22 – 26

Boys and Girls Golf - limited to 85, need junior golf club
Kickline - limited to 75
Girls Lacrosse - need stick and mouth guard
Boys Track
Girls Volleyball - limited to 85

Registration for indoor sports will be limited due to spacing.

Location: Commack Middle School

Time: 8:30 am – 12:30 pm (8:30 am – 1:30 pm week of July 1)

Cost: \$150.00 per camper/session (Bowling \$200)

Purpose: 4 hours of daily instruction per day by certified coaches.
Improve skills, knowledge understanding and ability.

Recommendations: Carpool when possible.
Bring a light snack and drink for each session.

Registration: Made through **SchoolPay**
<https://www.schoolpay.com/login>

Questions: cougarcamp@commack.k12.ny.us

Register Early - Camps Close Out

Deadline for Registration is May 27

No Walk-Up Registration Permitted. NO EXCEPTIONS

REFUND POLICY: THE FEE FOR CAMP IS USED FOR STAFFING COSTS. ALL REFUNDS MUST BE EMAILED TO COUGARCAMP@COMMACK.K12.NY.US **NO LATER THAN 6/3/24.** THERE WILL BE A **\$35 PROCESSING FEE** FOR CANCELLATIONS. ALL REFUNDS **AFTER 6/3/24 WILL REQUIRE A MEDICAL NOTE.**