

# Girl Sprouts

**Preschool is an exciting place to be! You meet new friends, try new things and have a lot of fun preparing for kindergarten. It also presents lots of opportunities to learn about being a good friend and helping others.**

Girl Sprouts is a fun, educational program designed to introduce preschool age girls to the values that will help them thrive—the values of Girl Scouts. For over 100 years, our mission has been to build girls of courage, confidence and character, who make the world a better place.

The Girl Sprouts Activity Booklet walks you and your girl through a flower garden where she will participate in five skill building activities that will increase her confidence and prepare her for kindergarten and Girl Scouts.

Through Girl Scouts she will learn that anything is possible, how to be a good friend and to believe in herself, that being dedicated will make her dreams come true, and with courage and imagination, the world can be her playground.

Girl Scouts is open to every girl in kindergarten through twelfth grade and is a wonderful way for you to learn, grow and have a lot of fun with your daughter.

**Start her Girl Sprouts adventure today by visiting to [www.gssc.us/GirlSprouts](http://www.gssc.us/GirlSprouts).**

Sign up and you will be emailed your activity booklet. Print and complete all the activities with your Girl Sprout and bring it into one of our GSSC Shoppes to earn her first free patch.

For more information about joining or starting a troop in your area for school-age girls, contact us at (631) 543-6622 or [GirlSprouts@gssc.us](mailto:GirlSprouts@gssc.us).

[Activity Book »](#)



## Girl Sprouts 5 Skills



### Being helpful is really fun

Example: Make your bed, pick up your toys and help get the job done.

### Considerate and caring is what we do

Example: Hold open a door for someone and say, "please" and "thank you".

### Be honest and fair

Example: Play a game and share to show others you truly care.

### Make the world a better place

Example: Draw a picture for your teacher and put a smile on their face.

### Be a sister to every Girl Scout.

Example: Invite a friend to sing and dance! Having fun is what it's all about.



**Sign up for  
Girl Sprouts to  
learn how you  
can earn your  
first free patch.**