

COMMACK HIGH SCHOOL

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Dear Juniors and Families,

We understand this is a unique time for all of us. We are hopeful this time is allowing you the opportunity to slow down and reconnect with your family.

When you have a moment, check out the Calm App to steady your mind and practice Mindfulness. [Click here.](#)

For students who have not yet had an in-person Junior Planning Conference with their counselor and family, you will still have the opportunity to do so via telephone or an online platform. Counselors will be reaching out to families to schedule these conferences in coming weeks.

[Click here](#) to access the College Planning Guide, including information for students with disabilities. In the meantime, utilize the resources in your Naviance Student account, as well as the links below.

Naviance and College Search:

- <https://student.naviance.com/commack>
- <https://bigfuture.collegeboard.org/college-search>

College Resources: Virtual tours and admissions information

- <https://tinyurl.com/u768vby>
- <https://www.nacacnet.org/news--publications/newsroom/college-admission-status-coronavirus/college-admission-status-coronavirus/>
- <https://campustours.com/>
- <https://www.youvisit.com/collegesearch/>
- <http://www.ecampustours.com/>
- <https://sites.google.com/northport.k12.ny.us/marchcollegefairvirtualtours/home>

ACT, CollegeBoard, IB and College Admissions Links

- <https://www.act.org/content/act/en/covid-19.html>
- <https://www.collegeboard.org/releases/2020/college-board-cancels-may-sat-response-coronavirus>
- <https://www.ibo.org/news/news-about-the-ib/may-2020-examinations-will-no-longer-be-held/>
- <https://apstudents.collegeboard.org/coronavirus-updates?excmid=FB-ED-CB-1>
- <https://www.nacacnet.org/news--publications/newsroom/college-admission-status-coronavirus/college-admission-status-coronavirus/>
- Method Test Prep is holding daily, live ACT/SAT review sessions at 11am on Facebook

As always, reach out to your School Counselor with questions! Please remember to be kind to yourself during this time. We will get through this together, day by day.

Nicole Kregler
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