

COMMACK HIGH SCHOOL

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An International Baccalaureate School

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Dear Seniors and Families,

We understand this is a unique time for all of us. We are hopeful this time is allowing you the opportunity to slow down and reconnect with your family.

When you have a moment, check out the Calm App, to steady your mind and practice Mindfulness. [Click here.](#)

Our heart goes out to all students, including our seniors who were relying on the now cancelled accepted student programs and spring visits that would have helped make decisions easier. Much like K-12 schools, colleges and universities are scrambling to rethink their admissions policies so that they can bring in a full class of freshmen and continue to communicate with many prospective students in the future.

Breathe. Life will get back to normal soon enough. Colleges are making adjustments on a day-to-day basis, and most have extended their deposit deadlines to June 1st.

The National Association of College Admission Counseling (NACAC) has created a centralized resource that is frequently updated to reflect each college's updated plans. Please frequently consult this link below:

<https://www.nacacnet.org/news--publications/newsroom/college-admission-status-coronavirus/college-admission-status-coronavirus/>

Decision Time:

Making decisions about where you will attend for the next four years can be challenging. Start by having family conversations about the factors which are most important to you. Here are some things to consider:

Academic Programs: Start by researching the academic program to consider what four years of classes would look like. The information is certainly there, but it may be easier to find on some websites versus others. Students are attending college to study and they need to know what their courses and opportunities will look like.

Campus visit: While visiting a school is likely not going to be an option, the next best thing is virtually being on campus. Many schools have their own virtual tours. You can often find them on the "Visit" section of the website or through third party websites such as [YouVisit](#) and [CampusReel](#). There are many more Virtual Tour websites in the links below.

Social Life: This is one of the hardest variables to measure. You can start in the "Student Life" section of a college's website to learn more about clubs and activities.

Scholarship and Senior Awards Deadlines:

For all private scholarships, be sure to check the deadlines on the individual program's website.

For Commack High School Awards, please know that all deadlines have been extended to April 20th! Take advantage of applying to as many awards as you are eligible for: <https://www.commack.k12.ny.us/SeniorAwards.aspx>

College Resources: Virtual tours and admissions information

- <https://tinyurl.com/u768vby>
- <https://campustours.com/>
- <https://www.youvisit.com/collegesearch/>
- <http://www.ecampustours.com/>
- <https://sites.google.com/northport.k12.ny.us/marchcollegefairvirtualtours/home>

College Board and IB Information

- <https://www.ibo.org/news/news-about-the-ib/may-2020-examinations-will-no-longer-be-held/>
- <https://apstudents.collegeboard.org/coronavirus-updates?excmid=FB-ED-CB-1>

Don't forget, if you need help, reach out to you School Counselor! Please remember to be kind to yourself during this time. We will get through this together, day by day.

Sincerely,

Nicole Kregler
Director of Counseling
Commack Schools