

Breakfast Menu

Commack Rolling Hills Elem

June 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Red. Sugar Cocoa Puffs Cereal
WG Honey Graham Crackers
Fresh NY Local Apple
1% Milk

6 WG Chocolate Chip Muffin
Fresh Pear
1% Milk

7 Cheerios Cereal
WG Honey Graham Crackers
Apple Slices
1% Milk

8 WG Honey Graham Crackers
Fresh NY Local Apple
Fresh Banana
1% Milk

9 Red. Sugar Cinnamon Toast Crunch Cereal
WG Honey Graham Crackers
Fresh NY Local Apple
1% Milk

12 Red. Sugar Cocoa Puffs Cereal
WG Honey Graham Crackers
Fresh NY Local Apple
1% Milk

13 WG Chocolate Chip Muffin
Fresh Pear
1% Milk

14 Cheerios Cereal
Or WG Honey Graham Crackers
With Apple Slices
1% Milk

15 WG Honey Graham Crackers
Fresh NY Local Apple
Fresh Banana
1% Milk

16 Red. Sugar Cinnamon Toast Crunch Cereal
WG Honey Graham Crackers
Fresh NY Local Apple
1% Milk


19


20 WG Chocolate Chip Muffin
Fresh Pear
1% Milk

21 Cheerios Cereal
WG Honey Graham Crackers
Apple Slices
1% Milk

22 WG Honey Graham Crackers
Fresh Banana
Fresh NY Local Apple
1% Milk

23 Red. Sugar Cinnamon Toast Crunch Cereal
WG Honey Graham Crackers
Fresh NY Local Apple
1% Milk


26


27

28

29
Available Daily
All meals served with 1% or fat free milk, 100% fruit juice or fruit component.
If you have any questions or would like additional information regarding this menu please contact the Food Service Office

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Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Food Service Office
631-912-2172

Breakfast: \$ 2.20



Find Summer Meals:
Text "Food" to 304-304
Visit SummerMealsNY.org
Call 211 or 311 (in NYC)
or 1-866-3-HUNGRY

