

Commack Public Schools



ROLLING HILLS PRIMARY SCHOOL

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Jessica Santarpia
Principal



Red Ribbon Week

Monday, October 25th - Friday, October 29th

Red Ribbon Week is the perfect time to teach the children in our school community the importance of making the right choices when faced with difficult decisions and making good choices in order to be healthy.



Monday, October 25th

"Love Yourself and Make Great Choices!"

Wear Red, Pink or Hearts

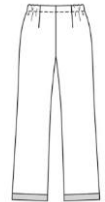
Students are encouraged to bring a healthy red snack to school.

Tuesday, October 26th

"Making Good Choices is no Sweat!"

Wear Sweatpants

Students will create a chain of healthy choices throughout the school.



Wednesday, October 27th

"Show Your Love for Rolling Hills and for Yourself!"

Dress in Spirit Wear

Students will create their handprint for our RH Bulletin Board.



Thursday, October 28th

"We are Shining with Great Choices!"

Wear gold, orange or fall colors

Students will be going pumpkin picking on the RH field. Thank you to the PTA!



Friday, October 29th

"Celebrate and Cheer for Good Choices!"

Wear Halloween Costumes - Fall Celebrations

Students will participate in Halloween and Fall Festivities.



Here are some other great family choices!

- Play a board game
- Have a TV free night
- Take a walk after dinner
- Go for a bike ride
- Go on a leaf hunt
- Make dinner together
- Try a new healthy food

